

THE CLIFFS | JULY 2008



indicates golf event open to all Members

SUN	MON	TUE	WED	THU	FRI	SAT
		Valley Wellness Center 1 - Weekly Hike	2	Glassy Wellness Center 3 - Qi Gong	4	5
6	Valley Wellness Center 7 - Weekly Hike	Valley Wellness Center 8 - Weekly Hike	9	10	11	12
13	Valley Wellness Center 14 - Weekly Hike	Valley Wellness Center 15 - Weekly Hike	Glassy Wellness Center 16 - Wellness Chat (9:30AM)	Glassy Wellness Center 17 - Qi Gong	18	19
20	Valley Wellness Center 21 - Weekly Hike	Valley Wellness Center 22 - Weekly Hike	23	Glassy Wellness Center 24 - Qi Gong	25	26
27	28	29	Glassy Wellness Center 30 - Wellness Chat (9:30AM)	Glassy Wellness Center 31 - Qi Gong		

