



THE CLIFFS AT GLASSY CLUBHOUSE BRUNCH

BREAKFAST

TWO EGGS ANY STYLE

THREE EGG OMELET

Choice of Ham, Mushrooms, Onions, Peppers, Tomatoes and Cheese

HAM AND CHEESE MELT

Fried or Scrambled Eggs, Black Forest Ham, Pepper Jack Cheese, Lettuce, Tomato, Bacon and Mayonnaise on a Toasted Croissant

DARK CORNER SKILLET

Corned Beef Hash, Two Farm Fresh Eggs Scrambled or Fried, Yukon Potatoes, Bronzed Vidalia Onions and a Tillamook Cheddar Fondue

PETITE BLACK ANGUS FILET AND CRAB CAKE BENEDICT

Jumbo Lump Crab, Toasted Brioche and a Key Lime Hollandaise

Served with Applewood Smoked Bacon, Hickory Sausage or Yukon Gold Potatoes, and Choice of White, Wheat, Rye or Sourdough Toast

ENTREES

All Sandwiches Served With Choice of:

Fries, Sweet Potato Fries, Onion Rings, Cole Slaw, Potato Salad, Pasta Salad or Seasonal Fresh Fruit

FRIED GREEN TOMATO "BLT"

Crispy Green Tomatoes, Bacon, Lettuce and Pimento Cheese Aioli on Toasted Sourdough

CLASSIC CUBAN SANDWICH

Chili-roasted Pork Loin, Black Forest Ham, Swiss, Pickles and Spicy Mustard

GLASSY BURGER

8 oz. Grilled Angus with Crispy Bacon, Lettuce, Tomato and Red Onion on a Toasted Brioche Bun

REUBEN

Boar's Head Corned Beef, Swiss, Sauerkraut and Russian Dressing on Griddled Marble Rye



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WELLNESS FEATURES

The Cliffs is proud to offer its Members a healthy dining experience that features seasonal, organic produce from The Cliffs Organic Farm. The Entrees featured below are our current Wellness selections which are prepared with our Members' health and well-being in mind, without sacrificing flavor, creativity or quality. Other Wellness items throughout the menu are highlighted and designated by the  symbol. Your server will be happy to answer any questions you may have about The Cliff's commitment to Wellness.

GLASSY HOUSE ORGANIC SALAD

Cliffs Organic Farm Greens, Cucumbers, Tomatoes, Carrots, Bermuda Onions, Dried Fruits and Aged Balsamic or Raspberry Vinaigrette

(159 calories, 4.7 grams protein, 9 grams fat, 278 mg sodium, 6.4 grams sugar, 5.2 grams fiber)

SKINNY CAESAR

Chopped Romaine, Shaved Reggiano and Caper Blossoms

(151 calories, 2 grams protein, 3 grams carbs, .5 grams fat, 42 mg sodium, 2 grams sugar)

LOCAL VINE RIPE TOMATO SALAD

Crumbled Blue Cheese, Bermuda Onions and a Fig Balsamic Reduction

SEARED YELLOWFIN TUNA

Spinach and Pear Salad, Wakame Slaw and a Ginger Vinaigrette

(185 calories, 28 grams protein, 10 grams carbs, 3 grams fat, 1 grams saturated fat, 357 mg sodium, 5 grams sugar, 3 grams fiber)

HOUSE-MADE ORGANIC VEGETABLE BURGER

Assorted Selection of Cliffs Organic Farm Vegetables, Pepper Jack Cheese and a Basil Aioli

RISOTTO PRIMAVERA

Cliffs Organic Farm Vegetables, Creamy Risotto and a Reggiano Nage

GARDEN VEGETABLE FRITTATA

Cliffs Organic Farm Vegetables and Herb Salad

CHAR-GRILLED WILD SALMON

Mediterranean Couscous, Kalamata Olives and Cured Tomatoes served with a Pommery Nage

(343 Calories, 30 g Protein, 20 g Carbs, 16 g Fat, 12 g Sugar, 1 g Fiber) (Gene Smart Option)
