



Bridges Trail—Wander along this short trail on the 12 unique handcrafted bridges that stretch over the mountain streams. Sit back on the trail's benches and take in the sights and sounds of the Blue Ridge. Or bring along a picnic to enjoy at the Valley picnic shelter at the north end of the parking area opposite the kiosk.

Panther Gap Sky Climb—A remote pristine forest. Flowing waterfalls. A great workout. These are just a few of the attractive features of this trail. As hikers meander along a babbling brook they will catch glimpses of beautiful flowers. Then the 1.8-mile trek becomes more intense as the trail ventures skyward. When hikers reach the peak at Mike Wylie Overlook, they are greeted by miles of sky and the vast rolling mountains of the Blue Ridge range.

Terry Creek Loop—Take a brisk walk on paved paths all in the comfort of your own backyard. Walking on this trail you will find a paved path taking you through The Cliffs Valley community. Bikers and runners are also welcome to enjoy the one-mile path. Benches along the way provide a comfortable place to relax or to set your tackle box as you wade beside the waters of the pond.

Stone Creek Falls Trail—Amble along this path over the beautifully handcrafted wooden scenic trail follows an old logging road that passes through dense Rhododendron and Mountain Laurel. You can make this a great loop trail by hiking up the Panther Gap Sky Climb trail to Mountain Summit Road, and then following the road back down to pick up the Connector trail, ultimately returning to Panther Gap.

Mountain Summit Connector Trail—This scenic trail follows an old logging road that passes through dense Rhododendron and Mountain Laurel. You can make this a great loop trail by hiking up the Panther Gap Sky Climb trail to Mountain Summit Road, and then following the road back down to pick up the Connector trail, ultimately returning to Panther Gap.

Directions: From the south, this trail branches off to the right of Panther Gap Sky Climb trail and heads up an old logging road to Mountain Summit Road. From the north, the trail head is marked by a sign and located between Lot #77 and the home at 1007 Mountain Summit Road.



Since the beginning, The Cliffs has been forward thinking in its commitment to Living Wellness. This is more than a mere concept. It's integral to our culture and lifestyle here. Cliffs Living Wellness is a perspective that comes as naturally as the mountains, waterfalls and streams that grace our communities. It's the peace and tranquility that only pristine waters, panoramic vistas, protected forests and miles of groomed hiking trails can bring. Although families define Wellness in different ways, we believe it begins as a personal journey for everyone. We invite you to embark on that journey, to experience The Cliffs Living Wellness lifestyle that embraces you on every path, at every turn.



TRAIL MAP



1. Panther Gap Sky Climb	Moderate/Strenuous	0.95 mi
2. Terry Creek Loop	Easy	1.00 mi
3. Bridges Trail	Easy	0.30 mi
4. Stone Creek Falls Trail	Easy/Moderate	0.38 mi
5. Mountain Summit Connector Trail	Moderate/Strenuous	0.75 mi

